



The Men's Group



Water Garden Business Center
23421 South Pointe Drive, Suite 130
Laguna Hills, CA 92653 949-338-4388

Facilitated by James Tobin, Ph.D.

Licensed Psychologist PSY 22074

This group is for men who would like to explore the challenges of masculinity in contemporary culture. Issues pertaining to career, relationships, fatherhood, health/stress management, and spirituality will be addressed in a supportive environment with the aim of cultivating self-knowledge, sound decision-making, emotional stability, and interpersonal growth. In each session, Dr. Tobin will present didactic material then facilitate an open discussion.

Young adult, adult, middle-aged, and senior men are welcome so that all developmental stages are represented in the group process.

The group meets the first and third Saturday of every month, 9:00 to 10:00 AM, at the Water Garden Business Center (see address above). The fee for each session is \$25.00. Persons interested in attending should contact Dr. Tobin to arrange a brief screening interview conducted to ensure appropriateness for the group.

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Dr. Tobin maintains a private practice in Newport Beach and Laguna Hills, CA in which he specializes in psychoanalytic psychotherapy with adolescents, adults, parents and couples. He is also Assistant Professor of Clinical Psychology at The American School of Professional Psychology/ Argosy University where he teaches courses in psychoanalytic theory and technique, psychopathology, couple/family therapy and group therapy. Dr. Tobin is a former advanced candidate in psychoanalysis at the Psychoanalytic Institute of New England, East (PINE) and former staff psychologist in the Department of Psychiatry at the Massachusetts General Hospital and Clinical Instructor, Harvard Medical School. He received an A.B. magna cum laude in Psychology and Social Relations from Harvard University, and a Ph.D. in Clinical Psychology from The Catholic University of America in Washington, D.C.



James Tobin, Ph.D.