



The Relationship Group



Water Garden Business Center
23421 South Pointe Drive, Suite 130
Laguna Hills, CA 92653 949-338-4388

Facilitated by James Tobin, Ph.D.

Licensed Psychologist PSY 22074

This group is for men and women who would like to explore their relational lives. The challenges, ambivalences and emotional storms encountered in the quest for establishing and maintaining intimate relationships will be our central focus. In each group, Dr. Tobin will present didactic material then facilitate an open discussion among group members. The group culture will be supportive yet, over time, candid, direct feedback will gradually be promoted so that group members will gain access to blindspots that may hinder their capacity to connect and love/be loved. This group is appropriate for singles, divorced persons, married persons, and those who are involved in a significant relationship.

The group meets the first and third Saturday of every month, 11:45 AM to 1:00 PM, at the Water Garden Business Center (see address above). The fee for each session is \$25.00. Persons interested in attending should contact Dr. Tobin to arrange a brief screening interview conducted to ensure appropriateness for the group.

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Dr. Tobin maintains a private practice in Newport Beach and Laguna Hills, CA in which he specializes in psychoanalytic psychotherapy with adolescents, adults, parents and couples. He is also Assistant Professor of Clinical Psychology at The American School of Professional Psychology/Argosy University where he teaches courses in psychoanalytic theory and technique, psychopathology, couple/family therapy and group therapy. Dr. Tobin is a former advanced candidate in psychoanalysis at the Psychoanalytic Institute of New England, East (PINE) and former staff psychologist in the Department of Psychiatry at the Massachusetts General Hospital and Clinical Instructor, Harvard Medical School. He received an A.B. magna cum laude in Psychology and Social Relations from Harvard University, and a Ph.D. in Clinical Psychology from The Catholic University of America in Washington, D.C.



James Tobin, Ph.D.