## James Tobin, Ph.D.

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### LICENSE AND CERTIFICATION

## **Licensed Psychologist (California)**

PSY #22074 July 24, 2008 – Present

### **Licensed Psychologist (Massachusetts)**

Licensed Psychologist HSP #7865 July 17, 2001 – September, 2010

## Certificate of Professional Qualification in Psychology

Association of State and Provincial Psychology Boards Certificate #4127 May 16, 2008 – Present

#### **EDUCATION AND HONORS**

## The Psychoanalytic Institute of New England, East (PINE), Boston, MA

Candidate, psychoanalytic training: September, 2002 – March, 2007

#### The Catholic University of America, Washington, D.C.

Ph.D. in Clinical Psychology: Completed 2000 (APA Accredited)
M.A. in Clinical Psychology: Completed 1997 (APA Accredited)
Thomas Verner Moore Board of Trustees Graduate Scholarship Award: 1994-97
Areas of Specialization: Developmental Psychopathology; Adolescent
Suicidality and Family Functioning; Couples Therapy

## Indiana University, Bloomington, IN

Masters of Fine Arts (MFA) in Poetry: Completed 1991

#### Harvard University, Cambridge, MA

A.B. in Psychology: June, 1988. *Magna cum laude*. Dean's List: 1984-88. John Harvard Scholarship: 1987-88. Senior honors thesis in psychology received the Gordon Allport Award for undergraduate research of distinction.

Clinical Psychologist Private Practice, Newport Beach, CA

February, 2009 – Present

Private practice in adolescent and adult psychotherapy, couple therapy, parent guidance/family therapy. Also offer psychoeducational groups (Men's Group,

Relationship Group, and Parenting Group).

Consultant Newport Academy, Orange, CA

July, 2009 - Present

Provide case consultation and parent guidance workshops for family members of adolescents in residential multidisciplinary care for substance abuse, mood

disorders, and suicidal ideation/behavior.

Consultant Center for Discovery, Los Alamitos, CA

July, 2013 – September, 2018

Provide parent guidance workshops for family members of adolescents in residential multidisciplinary care for a range of psychiatric and behavioral issues.

Clinical Psychologist La Paz Psychological Group, Laguna Hills, CA

September, 2009 – August, 2015

Certified by CASOMB to provide assessment and psychotherapy services for adolescent and adult sex offenders on probation in Orange County, CA. Conduct assessment and group therapy for sex offenders and for individuals with issues of

sexual compulsivity and addiction.

Staff Psychologist The Massachusetts General Hospital, Boston, MA

July, 2001 - June, 2008

Conduct individual psychotherapy (with child, adolescent, and adult outpatients), and couples and group therapy; specialized work in the treatment of addictions

and couples and group therapy; specialized work in the treatment of addictions.

Clinical Psychologist Private Practice, Boston, MA

July, 2001 – June, 2008

Private practice in child, adolescent, and adult psychotherapy, and couples and

group therapy.

Director of Child The Massachusetts General Hospital, Boston, MA

Group Therapy September, 2003 – August, 2006

Program

Directed the child group psychotherapy program, including helping psychiatry residents, psychology interns, and staff form and implement group therapies to meet psychiatric demands of clinical populations.

Clinical Fellow

## The Massachusetts General Hospital, Boston, MA

July, 1999 - June, 2001

Directors: Sheila O'Keefe, Ed.D.; Dennis Norman, Ed.D.

Training in psychodynamic and cognitive-behavioral approaches to the treatment of child and adult disorders. Received specialized training from Anne Fishel, Ph.D. in couples therapy; Ross Greene, Ph.D. in the treatment of ODD; Suzanne Bender, M.D. in the treatment of psychosomatic presentations, and Martha Kane, Ph.D. in the treatment of addictions. Co-facilitated or led psychotherapy groups for ADHD boys, mood-disordered/socially isolated adolescents, persistently and severely mentally ill adults, and parents of obese teenagers, utilizing activities-based, psychoeducational, cognitive, and psychodynamic approaches. Provided emergent assessment/crisis intervention in the Acute Psychiatry Service of the Emergency Room.

Trainee

## The Massachusetts General Hospital (MGH), Boston, MA

<u>Post-doctoral Fellowship</u> (Child/Adult Track): Completed June 30, 2001. <u>Pre-doctoral Internship</u> (Child/Adult Track): Completed June 30, 2000.

Areas of Specialization: Couples and Family Therapy; Group Psychotherapy; Psychodynamic Theory and Technique; Addictions

Psychology Extern

## The Alexandria Mental Health Center, Alexandria, VA

September, 1997 - August, 1998 Supervisor: David Berndt, Ph.D.

Conducted individual, couples, and family therapy with, a multicultural, and largely low-income, client base of children, adolescents, and adults. Led skills-based, psychoeducational groups for foreign-born adults who recently immigrated to this country.

Psychology Extern

#### Georgetown University Counseling Center, Washington, D.C.

August, 1996 - May, 1998

Supervisors: Jon Frederickson, L.C.S.W.; Kathryn Camicia, Ph.D.;

Harriet Basseches, Ph.D.

Conducted intake evaluations of, and individual psychotherapy with, undergraduate and graduate students presenting with various concerns including mood, anxiety, and adjustment disorders, anorexia, identity issues, personality dysfunction, and family discord.

Psychology Intern

The Psychiatric Institute of Washington (Posttraumatic and Dissociative Disorders Program), Washington, D.C.

May - September, 1997

Supervisors: Anita Rankin, M.A., A.T.R., CPT; Barry Cohen, M.A., ATR-BC;

Mary Ann Dutton, Ph.D.

Co-facilitated a therapy group within the outpatient day hospitalization program for patients with PTSD resulting from childhood physical or sexual abuse and/or adult victimization. Supervision emphasized the cognitive-behavioral approach to treating PTSD and dissociative symptoms developed by Joan Turkus, M.D. and Christine Courtois, Ph.D.

## Specialized Family Therapy Trainee

## The Family Therapy Institute, Rockville, MD

January - August, 1997

Supervisor: James Keim, L.C.S.W.

Conducted couples and family therapy in the context of a postgraduate training program emphasizing the strategic approach of Jay Haley and Cloe Madanes. Weekly, day-long training occurred in which "live" supervision through the oneway mirror was provided for six training therapists. Special attention was devoted to treating couples, substance-abusing adults, oppositional children, juvenile and adult sex offenders, and child victims of sexual and physical abuse. Co-facilitated a social skills training group for court-referred youth sex offenders.

## Adolescent Medicine Trainee

## Children's National Medical Center Eating Disorders Clinic, Wash., D.C.

June - September, 1996

Supervisor: Darlene Atkins, Ph.D.

Conducted diagnostic evaluations of, and family therapy with, adolescents exhibiting eating disorders (and concomitant depression, anxiety, and OCD) and their family members. Supervision focused on psychodynamic, cognitive-behavioral, and family systems approaches to case formulation and individual and family treatment. Consulted with a multidisciplinary (psychiatric, nursing, social work) team and presented case material at psychiatric Grand Rounds.

## Practicum Trainee

# The Catholic University of America Center for Family Psychology, Washington, D.C.

January - August, 1996

Supervisor: Clifford Notarius, Ph.D.

Participated in the preparation and delivery of two weekend workshops for couples presenting with relational problems and associated communication and conflict resolution difficulties. Workshops consisted of psychoeducational and intensive therapy components, emphasizing a short-term, empirically-validated treatment approach informed by a social-interactional perspective.

## EXECUTIVE COACHING | ORGANIZATIONAL CONSULTING EXPERIENCE

Executive Coach/ Private Practice, Newport Beach, CA

#### Consultant

February, 2009 - Present

Approach: Strength-based pragmatic individual coaching, executive development, and team/cultural support directed toward integrating (1) leadership behavior, (2) cultural climate and team performance, and (3) organizational performance/output

Areas of Focus: On-boarding, Transition Coaching, Management, Development and Influence of Direct Reports, Self-awareness/Emotional IQ , Stress Management, Team Building and Group/System Dynamics, Staffing and Selection, and Succession Planning

Industry Experience: Finance/Accounting, Human Resources, IT/Tech, Legal, and Healthcare

Coachee Levels: CEO/President/Chairman level; EVP level; Supervisor level

#### **Recent Projects:**

- Individual coaching at the supervisor level re: a family-owned manufacturing company with notable "high-performers" who co-existed in chronic interpersonal conflict, with urgent problems retooling at all levels following the departure of a managing director.
- Individual coaching and team intervention at various levels re: a legal firm in the wake of sexual harassment and employee relations complaints to HR centering on gender stereotyping and workplace expectations.
- Individual coaching with an EVP of an accounting firm re: a pattern of 360-degree feedback suggesting assertiveness and leadership gaps, enabling, and conflict avoidance in the context of his own impatience and growing annoyance with direct reports.
- Individual coaching of a CEO-founder of an IT/tech start-up re: the rapid expansion of personnel demands and strategic initiatives with little background in effectively identifying and developing high-potential individuals and organizational culture.
- Individual coaching with an EVP of a large real estate and investment firm re: succession planning after being laid off in the context of a reorganization.

#### Associate Consultant

Prepare to Change, Tustin, CA

March - September, 2017 Director: Larry Kuhn, Psy.D. Apprenticed with organizational consulting firm specializing in professional development assessment for candidate analysis and coaching, on-boarding, and training. Focus was on learning the Prepare to Change diagnostic approach which centers on assessing individual performance, interpersonal skills, team effectiveness, customer service orientation, and cultural fit. Focused training received on the 16PF, Hogan Development Survey, Watson Glaser Critical Thinking Appraisal, Hogan Motivation Value Preferences Inventory, and Hogan Business Reasoning Inventory,

Organizational Consultant

## Human Technology, Inc., Alexandria, VA

January, 1998 - January, 2001 Supervisor: David Myers

Conducted individual, group, team, and organization-wide needs assessments to facilitate corporate change initiatives. Designed and implemented training programs, focusing on issues of diversity; alignment of corporate values with personal goals; compensation; management development. Conducted executive coaching.

Career Consultant/ Executive Coach

## Tom Morris Associates, Inc., Washington, D.C.

September, 1994 - August, 1997

Supervisor: Tom Morris

Prepared collateral materials used in one-on-one career counseling and corporate workshop presentations on change management.

Organizational Consultant

#### Cambria Consulting, Inc., Boston, MA

January, 1993 - July, 1994 Supervisor: Steve Neubert

Designed and implemented workshops and corporate training modules for human resources consulting firm specializing in the enhancement of individual and team performance.

## TEACHING AND SUPERVISION EXPERIENCE

Assistant Professor of Clinical Psychology (Psy.D. Program in Clinical Psychology), Orange, CA

August, 2008 – December, 2018

Serve as core faculty member in the doctoral Psy.D. program in Clinical Psychology. Teach courses in clinical technique, psychoanalytic theory, couple and family therapy, group therapy, adult psychopathology, and therapy and diagnostic practicum. Serve as head of the following Psy.D. program committees: Life-Long Learning Initiative and the Research Institute. Serve as a member of the Student Conduct Committee.

Supervisor

# The Argosy University Argosy University Therapeutic Assessment and Psychotherapy Service (AUTAPS)

September, 2011 – July, 2018

Serve as individual, couple and group therapy supervisor of Psy.D. students who are providing therapeutic services in a university-based mental health clinic. Founder of the Veterans Group Therapy Program.

Supervisor

## Newport Psychoanalytic Institute/Larry Hedges, Ph.D., Orange, CA

September, 2009 – August, 2012

Co-supervise with Dr. Hedges a peer consultation group for licensed psychologists engaged in child, adolescent, and adult psychotherapy. Supervision emphasizes psychoanalytic theory and technique.

Clinical Instructor

#### Harvard Medical School, Boston, MA

July, 2001 – June, 2008

Supervise psychiatry residents/fellows and psychology interns (McLean Hospital and Massachusetts General Hospital) in couple and family therapy.

Clinical Instructor

## Harvard Medical School, Boston, MA

July, 2004 – August, 2006

Supervise psychiatry residents/fellows and psychology interns (McLean Hospital and Massachusetts General Hospital) in group therapy.

Lecturer/Thesis
Director

#### Northeastern University, Boston, MA

June - August, 2001; April - June, 2002; April - June, 2003

Lecturer in the department of psychology; taught undergraduate courses in developmental psychopathology and psychotherapy. Directed an undergraduate senior honors thesis on a cross-cultural study of the diagnosis of ADHD.

**Guest Lecturer** 

### University of Massachusetts at Boston, Boston, MA

February, 2001

Served as a guest lecturer for counseling program's graduate-level course on group psychotherapy. Lecture title: "The Use and Misuse of Interpersonally-oriented Group Psychotherapy"

Teaching Assistant/ Supervisor The Catholic University of America, Washington, D.C.

January - June, 1998

Supervised psychological testing and report writing in a course on the intellectual assessment of children and adolescents offered to students in the clinical psychology doctoral program. Also assisted in the teaching of select didactic material (e.g., clinical interviewing techniques; applying psychological testing and interview data to the appropriate diagnosis of DSM-IV childhood disorders).

Course Instructor

The Catholic University of America, Washington, D.C.

January - May, 1997

Taught a comprehensive introductory psychology course to undergraduate students. Delivered lectures, formulated written assignments, and graded exams.

#### RESEARCH EXPERIENCE

Clinical Fellow

The Massachusetts General Hospital, Boston, MA

July, 2000 - June, 2001

Supervisors: J. Stuart Ablon, Ph.D.; Ray Levy, Psy.D.

Served as a clinician in a naturalistic study of short-term psychodynamic treatment of panic disorder. Weekly study group focused on the analysis of audiotaped psychotherapy sessions to identify therapeutic process variables related to positive treatment outcome.

**Doctoral Dissertation** 

The Catholic University of America, Washington, D.C.

"Adolescent Suicide Attempters in the Year Following Hospitalization: Does the Parent-Child Relationship Predict Symptom Relapse and Recurrent Suicidality?"

Defended: May 2, 2000

Chairperson: Barry M. Wagner, Ph.D.

Paper documented fluctuations in psychiatric symptoms and suicidal ideation over time in adolescents who made a suicide attempt, and determined the relationship between these fluctuations and parent-child relationship factors.

Research Assistant

The Children's National Medical Center, Washington, D.C.

June, 1996 - December, 1999 Supervisor: Robert Clyman, M.D.

Assisted in multiple empirical investigations of social cognition and information processing in young maltreated children. Studies centered on the priming of

aggressive and prosocial behavior, children's characterizations of parental figures, and "emotion knowledge." Developed observational coding systems and trained coders to adequate levels of reliability.

#### Research Associate

# The Catholic University of America Center for Family Psychology, Washington, D.C.

September, 1994 - May, 2000 Supervisor: Barry M. Wagner, Ph.D.

Participated in all aspects of a NIMH-funded longitudinal study of adolescent suicide attempters and their families. Primary duties included administering protocols of structured and semi-structured interview instruments, managing case assignments, and performing data coding and analyses.

#### Clinical Interviewer

# The Psychiatric Institute of Washington (Posttraumatic and Dissociative Disorders Program), Washington, D.C.

May - September, 1997

Supervisor: Mary Ann Dutton, Ph.D.

Administered the Structured Clinical Interview for Disorders of Extreme Stress and the Clinician-Administered Posttraumatic Stress Disorder Scale to the inpatient and day treatment populations as part of a study assessing the diagnostic profiles of patients with PTSD and dissociative and/or personality disturbances. Didactics emphasized practical techniques for managing the delivery of the interview protocol to these patients.

#### Research Assistant

#### The National Institute of Mental Health, Rockville, MD

September, 1996 - April, 1997 Supervisor: John Richters, Ph.D.

Worked in collaboration with Child and Adolescent Branch Officer on a literature review of empirical claims for the prevention of youth violence and aggression.

## Masters Thesis

# The Catholic University of America Center for Family Psychology, Washington, D.C.

"Why Do Some Securely-Attached Adolescents Attempt Suicide?" Masters Thesis Accepted: September, 1996
Supervisor: Barry M. Wagner, Ph.D.

This study identified individual and family factors including psychiatric symptomatology, parent-child conflict, and physical and sexual abuse that may be related to deficient coping strategies among securely-attached (as determined by the Adult Attachment Interview) suicidal adolescents.

#### Clinical Interviewer

## Massachusetts General Hospital, Boston, MA

October, 1993 - June, 1994 Supervisor: Gary Sachs, M.D.

Conducted diagnostic assessments of adults seeking outpatient treatment for Bipolar disorder that included the Family Interview for Genetic Linkage Studies, the Structured Clinical Interview for the DSM-III-R-Patient Version, and the Schedule for Affective Disorders and Schizophrenia, Epidemiologic Version.

## Undergraduate Honors Thesis

## Harvard University, Cambridge, MA

"Fear of Success and Male Threat from Female Competence as Determinants of

Interpersonal Behavior". September, 1987 - May, 1988

Supervisor: Daryl Bem, Ph.D.

This study examined personality and gender variables associated with interpersonal behavior and social perception in cooperative working situations.

#### PSYCHODIAGNOSTIC AND NEUROPSYCHOLOGICAL TESTING EXPERIENCE

#### Clinical Fellow

### The Massachusetts General Hospital, Boston, MA

July, 1999 - June, 2001

Supervisors: Dennis Norman, Ed.D.; Gretchen Felopulos, Ph.D.

Conducted comprehensive psychodiagnostic and neuropsychological assessments of child and adolescent outpatients with presenting concerns including oppositional behavior, poor school performance and peer relations due to verbal and nonverbal learning disorders, ADD/ADHD, mood symptomatology, sensory integration deficits, pervasive developmental disorders, and executive functioning deficits. Flexible-battery approach was emphasized, utilizing neurocognitive and personality (objective, projective) instruments. Conducted feedback sessions with parents.

## Psychology Extern

## Georgetown University Hospital: Neurology Department, Washington, D.C.

June, 1998 - January, 1999

Supervisors: Mary Beth Quig, Ph.D.; Victoria Starbuck, Ph.D.; Gary Kay, Ph.D.

Conducted comprehensive neuropsychological assessments of adult in- and outpatients with a range of neurological conditions including traumatic brain injury, multiple sclerosis, stroke syndromes, seizure disorders, cortical and

subcortical dementias, and hydrocephalus, as well as concomitant psychiatric symptoms and cognitive deficits secondary to chronic substance abuse.

#### **EDITORIAL POSITIONS**

- Contributing editor of the Argosy University journal, *The Practitioner Scholar: Journal of Counseling and Professional Psychology* (2012 December, 2018).
- Member of the selection committee for evaluating and editing poster submissions to Division 2 (Society for the Teaching of Psychology) for the 2013 annual conference of the American Psychological Association (APA) (2012 - 2013).
- Editor involved in the peer-review process for the Office of Teaching Resources in Psychology (OTRP)'s Mentoring Service (2012 2013).

#### RELATED EXPERIENCE AND PROFESSIONAL AFFILIATIONS

Member Orange County Psychological Association

December, 2009 – Present

Member Massachusetts Psychological Association, Wellesley, MA

July, 2007 – January, 2010

Co-Chair, Northeastern Society for Group Psychotherapy (NSGP), Wellesley, MA

Program Committee September, 2003 - June, 2005

Served as co-chair of committee whose charge is to identify and secure local, national, and international experts in group psychotherapy to present workshops at annual meeting of the NSGP. Awarded Certified Group Psychotherapist

(CGP) credential in 2005.

Lecturer/Workshop Indiana University, Bloomington, IN

Leader September, 1988 - June, 1991

Taught undergraduate courses in creative writing and literature.

Teacher/Dormitory Milton Academy, Milton, MA

Supervisor The Hotchkiss School, Lakeville, CT

Summers, 1988 – 1991

Supervisors: Jim Connolly, Richard Hughes

Taught courses in creative and personal essay writing to high school students enrolled in accelerated college preparatory summer programs. Dormitory duties included supervising fifty adolescent boys from the United States, Japan, and

Europe, and managing four undergraduate floor moderators.

### PUBLICATIONS, TRAININGS/WORKSHOPS, AND PRESENTATIONS

- Ross, B., & **Tobin**, **J.** (2017, October). *The effect of trait rumination on music performance anxiety in collegiate musicians*. Poster presented at the annual meeting of the Orange County Psychological Association, Orange, CA.
- **Tobin, J.** (2017, February). Understanding the psychological dynamics of modern love relationships: The paradigm of "The Erotic Hinge" and its clinical utility. Workshop presented at the meeting of the Orange County Psychological Association, Orange, CA.
- **Tobin, J.** (2016, November). Can we find love in a 'perfect storm'? How modern love is sinking the human heart and an approach to clinical intervention. In Changing Gender Roles. Symposium conducted at Argosy University, Orange, CA.
- Daniels, B., & **Tobin, J.** (2016, October). What influence do emotional intelligence and communication skills have on relationship satisfaction in couples? Poster presented at the annual meeting of the Orange County Psychological Association, Irvine, CA.
- Lyndon, S.L., & **Tobin, J.** (2016, October). *Self-esteem in adulthood: Associations with birth order and parents' expectations.* Poster presented at the annual meeting of the Orange County Psychological Association, Irvine, CA.
- **Tobin, J.** (2016, May). Practice development strategies. In G. Bruss (Chair), Launching your post-graduate career. Symposium conducted at the American School of Professional Psychology at Argosy University, Orange, CA.
- **Tobin, J.** (2016, April). *Just listening*. Paper presented at the meeting of the American School of Professional Psychology at Argosy University Faculty Lecture Series, Orange, CA.
- **Tobin, J.** (2015, May). A paradigmatic approach to conducting group psychotherapy of sexual offenders: Fostering interpersonal process to supplant shame-based relational styles and progress the offender from "isolate" to "object usage." Paper presented at the annual meeting of the California Coalition on Sexual Offending, Monterey, CA.
- **Tobin, J.** (2015, March) *The utility of regret in psychodynamic psychotherapy.* Paper presented at the meeting of the American School of Professional Psychology at Argosy University Faculty Lecture Series, Orange, CA.
- **Tobin, J.** (2014, May). Culture, norms, and process in adult sex offender groups. Getting re-acquainted with the therapeutic factors of groups. Paper presented at the annual meeting of the California Coalition on Sexual Offending, San Diego, CA.

- **Tobin, J.** (2014, April). *The anatomy of discovery in psychotherapy: "Something so familiar, it is strange."* Paper presented at the annual meeting of the Western Psychological Association, Portland, OR.
- **Tobin, J.** & Oleynik, A. (2014, April). *Teaching critical thinking skills to graduate students in clinical psychology: A novel method and case example.* Paper presented at the annual meeting of the Western Psychological Association, Portland, OR.
- Schulze, D., & **Tobin, J.** (2014, April). *Does being a wife mean a better life? A critical review of the evidence.* Poster presented at the annual meeting of the Western Psychological Association, Portland, OR.
- **Tobin, J.** (2014, March). Finding the subversive in the persona of the therapist. Paper presented at the meeting of the Orange County Psychological Association/Argosy University Faculty Lecture Series, Orange, CA.
- **Tobin, J.** (2013, November and 2014, February). *The DSM-5: Overview of main themes and diagnostic revisions*. In G. Bruss (Chair), *DSM-5*. Symposium conducted at the meeting of the Orange County Psychological Association and Argosy University, Orange, CA.
- **Tobin, J.** (2013, October). *Parenting adolescents in the 21<sup>st</sup> century*. Workshop presented at Fusion Academy Community Education Night, Fusion Academy, Mission Viejo, CA.
- **Tobin, J.** (2013, September). An introduction to the relational parenting approach: Concepts, theory, and technique. Training presented at Turning Point Center for Families, Irvine, CA.
- **Tobin, J.**, Vorwerk, M., & Meier, A. (2013, May). *The association of group climate and working alliance in group psychotherapy of adult male sexual offenders*. Poster presented at the annual meeting of the California Coalition on Sexual Offending, San Ramon, CA.
- **Tobin, J.** (2013, April). *Uncertainty, being uncertain, and refusing uncertainty: Can therapists' ambition in the era of evidenced-based practice be counterproductive?* Paper presented at the annual meeting of the Western Psychological Association, Reno, NV.
- **Tobin, J.** (2013, April). *True- and false-self manifestations in the application process for internship and postdoctoral training in clinical psychology.* Paper presented at the annual meeting of the Western Psychological Association, Reno, NV.
- **Tobin, J.** (2013, February 23). *False intimacy: The plague of relationships* [video/webinar]. Available from http://www.The Singles Matrix.com.
- Kelland, C. & **Tobin, J.** (2013, January). *Substances and objects: When drugs and alcohol replace relationships.* Paper presented at the meeting of Argosy University Grand Rounds: Psychological Assessment Series, Orange, CA.
- **Tobin, J.** (2013, January). Socializing the psychotherapist-in-training to an alternative form of relatedness: The transition from "being nice" to "being therapeutic" in clinical supervision. Poster

- presented at the annual winter meeting of the National Council of Schools and Programs of Professional Psychology, Nassau, Bahamas.
- **Tobin, J.**, Parekh, B., Bruss, G., & Lopez, B. (2013, January). Assessing the relational capacities of applicants to doctoral study in clinical psychology: A group interview format and observational coding scheme. Poster presented at the annual winter meeting of the National Council of Schools and Programs of Professional Psychology, Nassau, Bahamas.
- **Tobin, J.** (2012, November). A therapy hour: Revisiting Winnicott's notion of "object usage." Paper presented at the meeting of the Orange County Psychological Association/Argosy University Faculty Lecture Series, Orange, CA.
- **Tobin, J.** (2012, November): *The Good Lives Model and its application to group psychotherapy with adult male sexual offenders.* Paper presented at the meeting of the Orange County Probation Containment Team, Orange, CA.
- **Tobin, J.** (August, 2012). The shift from "ordinary" to "extraordinary" experience in psychodynamic supervision and treatment. Paper presented at the annual meeting of the American Psychological Association, Division 39 (Psychoanalysis), Orlando, FL.
- **Tobin, J.** (August, 2012). Specifying the construct of "critical thinking": A preliminary content and process analysis of student writing samples. Poster presented at the annual meeting of the American Psychological Association, Orlando, FL.
- **Tobin, J.** (2012, February). Promoting the patient's capacity to suffer: A revision of contemporary notions of psychotherapeutic aim. Paper presented at the meeting of the Orange County Psychological Association/Argosy University Faculty Lecture Series, Orange, CA.
- Fauni, N., & **Tobin, J**. (2011, May). *Social comparison, the 'thin ideal,' and disordered eating*. Poster presented at the annual meeting of the Western Psychological Association, Los Angeles, CA.
- Hunter, L. & **Tobin**, **J.** (2011, May). *'E-Therapy': A critical review of practice characteristics and ethical standards*. Poster presented at the annual meeting of the Western Psychological Association, Los Angeles, CA.
- DeSumrak, N., & **Tobin, J.** (2011, April). *Academic cheating among youths: A causal pathway model.* Poster presented at the annual meeting of the Western Psychological Association, San Francisco, CA.
- **Tobin, J.** (2011, February). One way out of enactment: The patient's differentiation from the therapist. In G. Bruss (Chair), Countertransference. Symposium conducted at the meeting of the Orange County Psychological Association and Argosy University, Orange, CA.
- **Tobin, J.,** Bruss, G.S., Parekh, B., & Lopez, T. (2011, January). *Socializing clinical psychology students to life-long learning at the predoctoral level: A pilot program.* Poster presented at the annual winter meeting of the National Council of Schools and Programs of Professional Psychology, San Juan, Puerto Rico.

- **Tobin, J.** (2010, September). Toward a view of "positive resistance": One perspective on change in psychoanalytic psychotherapy. Paper presented at the meeting of the Orange County Psychological Association/Argosy University Faculty Lecture Series, Orange, CA.
- **Tobin, J.** (2010, March). Parent-teen conflict and problematic family communication patterns: A model of listening for parents. Paper presented at the meeting of the Orange County Psychological Association: Continuing Education (CE) Presentation, Irvine, CA.
- **Tobin, J.** (2010, March). "Needing to be known": Adolescent emotional experience and how adults listen. Paper presented at the meeting of the Orange County Department of Education/Division of School and Community Services, Costa Mesa, CA.
- **Tobin, J.** (2009, October). Parent-teen conflict and problematic family communication patterns: Empowering parents with a model of listening. Paper presented at the meeting of the Community Service Programs, Inc. Continuing Education Series, Santa Ana, CA.
- **Tobin, J.** (2009, September). Parent-teen conflict and problematic family communication patterns: A model of listening for parents. Paper presented at the meeting of the Orange County Psychoanalysts Group, Irvine, CA.
- **Tobin, J.** (2006, Summer Issue). *How the analyst listens. Report of open scientific meeting.* The Psychoanalytic Institute of New England, East Newsletter, Cambridge, MA.
- **Tobin, J.** (2006, May). *The "New Erotic*<sup>TM</sup>": A workshop on overcoming contemporary dating dilemmas. Workshop presented at the meeting of The Post Club, Newton, MA.
- **Tobin, J.** (2006, March). The therapeutic function of group psychotherapy for children and adolescents. Paper presented at the meeting of the Massachusetts General Hospital Psychiatry Residency Program/Clinical Case Conference Series, Boston, MA.
- **Tobin, J.** (2006, February). Common countertransference reactions in the treatment of substance abuse and addiction. Paper presented at the meeting of the Massachusetts General Hospital Psychiatry Residency Program/Substance Abuse Lecture Series, Boston, MA.
- **Tobin, J.** (2005, March). *Omission in psychoanalysis: Reflections on the patient's desire to hide and to be seen.* Paper presented at the meeting of the Massachusetts General Hospital-Charlestown Psychiatric Service/Clinical In-Service Training Series, Charlestown, MA.
- **Tobin, J.** (2004, March). An analysis of a dream in adolescent group therapy. Paper presented at the meeting of the Massachusetts General Hospital Psychiatry Residency Program/Clinical Case Conference Series, Boston, MA.
- **Tobin, J.** (2003, February). *Resistance, enactment, and co-creation in adolescent group psychotherapy*. Paper presented at the meeting of the Massachusetts General Hospital Psychiatry Residency Program/Clinical Case Conference Series, Boston, MA.

- **Tobin, J.** (2002, July). Ethical dilemmas in the psychological treatment of children, adolescents, and young adults. Paper presented at the meeting of the legal firm of Holland and Knight, Boston, MA. **Tobin, J.** (2002, April). The dissociative function of chronic pain in a distressed couple: A psychodynamic perspective on reparation. Paper presented at the meeting of the Tufts University Medical School/Pain Clinic Grand Rounds, Boston, MA.
- **Tobin, J.** (2002, February). *An introduction to adolescent group psychotherapy process*. Paper presented at the meeting of the Massachusetts General Hospital-McLean Psychiatry Residency Program/Clinical Case Conference Series, Boston, MA.
- Wagner, B. M., Aiken, C., Mullaley, P. M., & **Tobin, J.** (2000). Parents' reactions to adolescents' suicide attempts. *Journal of the American Academy of Child and Adolescent Psychiatry*, 39, 429-436.
- **Tobin, J.**, Clyman, R., & Metalonis, K. (1998). *Tapping toddlers' internal representations of parental aggressive and prosocial behavior: The Scripts Coding Manual*. Unpublished manuscript, Children's National Medical Center, Washington, D.C.
- Clyman, R., & **Tobin, J.** (1997). *The Observational Coding Manual of Children's Verbalized Narratives: The assessment of prosocial and aggressive behavior*. Unpublished manuscript, Children's National Medical Center, Washington, D.C.
- **Tobin, J.** (1997, April). A developmental critique of the violence prevention research. Paper presented at the biennial meeting of the Society for Research in Child Development, Washington, D.C.
- **Tobin, J.** (1997, October). *The interpretation of defense: A case presentation.* Paper presented at the meeting (Contemporary Approaches to Defense Analysis) of the Washington School of Psychiatry, Washington, D.C.
- **Tobin, J.** & Wagner, B.M. (1997, April). Why do some securely-attached adolescents attempt suicide? Poster presented at the biennial meeting of the Society for Research in Child Development, Washington, D.C.
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